



1st December 2020

Dear Parents/Legal Guardians,

Karl Vella Foundation has been providing educational and psychological support to children in families disrupted by illness or loss for the past 5 years. We are pleased to inform you, that following the success of the current Online Project, 'The Wellness Pod' we will now be extending it to more children attending the Northern Cluster of Colleges (Maria Regina, St Nicholas & St Clare), Gozo College and other private and church schools within these catchment areas.

Children between the ages of 5-16 who are disrupted by illness or loss of a family member as well as those going through difficult time can benefit from 'The Wellness Pod' online programme between January and March 2021 free of charge.

The children can choose any of these programmes according to their respective age bracket. All programmes consist of 10 sessions of 75min each.

For more information, click on <https://karlvellafoundation.org/programs.html> or call on 79006662.

To register, please follow the link next to each programme:

1. Fostering Expression through Art Therapeutic Techniques: <https://bit.ly/3nRu1BA>
2. Crafting our Stories: <https://bit.ly/2HvrVYp>
3. Shaping Dreams Together: <https://bit.ly/371uIRP>
4. Wrinkles & Twinkles: <https://bit.ly/3nXCS4N>
5. Making Connections: <https://bit.ly/399DJuX>

We look forward to having your children joining our programmes,

Warm Regards

Claire Chircop
Co-founder & Chairperson
Karl Vella Foundation



1ta' Dicembru 2020

Għeżież Ġenituri/Kustodji,

Karl Vella Foundation ilha tipprovdi appoġġ edukattiv u psikologiku għal tfal milquta minn mard jew mewt fil-familja għal dawn l-aħħar 5 snin. Grazzi għas-suċċess tal-proġett attwali li qed isir online bl-isem 'The Wellness Pod,' KVF ser testendih għal aktar tfal li jattendu il-Kulleġġi ta' San Nikola, Santa Klara, Maria Regina u t'Għawdex, u kif ukoll skejjel privati u tal-Knisja li qegħdin fl-istess inħawi.

Tfal ta' bejn il-5-16 -il sena, li huma milquta minn mard jew mewt fil-familja jew għaddejjin minn żmien diffiċli jistgħu jibbenifikaw minn dan il-programm virtwali 'The Wellness Pod' bejn Jannar u Marzu 2021 bla ebda ħlas.

It-tfal jistgħu jagħzlu wieħed jew iktar minn dawn il-programmi. Kull programm hu magħmul minn 10 sessjonijiet ta' 75 minuta l-waħda.

Għal aktar informazzjoni aghfsu fuq dan il-link: <https://karlvellafoundation.org/programs.html> jew ċemplu fuq 79006662.

Biex tirreġistraw aghfsu fuq il-link hdejn kull programm.

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Nittamaw li naraw lit-tfal tagħkom dalwaqt,

Dejjem tagħkom,

Claire Chircop
Co-founder & Chairperson
Karl Vella Foundation